
OUR EGG DONATION PROGRAMME

The Manzanera Fertility Clinic has designed a simple fertility programme that aims to be



convenient for couples living outside of Spain while maximising your chances of success. We believe this is a collaborative process and we want you to know what to expect at every step. We hope the following details will clarify most of your questions on what to expect while you undergo treatment with us. If you have any further enquiries, please do not hesitate to contact us, we will be happy to help.

1. Before your first visit

The friendly staff at the Manzanera Fertility Clinic will be at your service from the first moment you contact us, willing to **inform and help you in anything you need from us**. We know the decision to undergo fertility treatment is important to you so we will endeavour to clarify all your questions and advise you on the best possible solution to your fertility difficulties. For this purpose, we will ask you to provide us with your medical history and any previous test results that you may have so that we can review them and assist you fully during the treatment process. This information will also help us to expedite your first visit to the Clinic and avoid unnecessary additional tests

2. Your first visit to the Manzanera Fertility Clinic

During your first appointment, the doctors at the Centre will review the details of your treatment with you, show you our facilities and clarify any questions you may have. For your peace of mind, this first consultation is **free of charge** (including the gynaecological examination and the embryo transfer test). We want to get to know you before we initiate any fertility treatment. We also want you to feel comfortable with the service and care that you will be receiving before deciding on your treatment at the Manzanera Fertility Clinic.

We recommend that you attend the Clinic for an initial consultation prior to commencing treatment but it is not obligatory. This first visit usually takes a few hours. We recommend that you fly to Spain the day before the visit and depart the day after so as to manage your trip effectively.

During this visit, you can expect:

- A gynaecological examination and an embryo transfer test;
- We will provide you with prescriptions for the medications you will need to take for your treatment;
- If you wish, you can do the analyses needed and freeze a sperm sample (optional – not included);



If you are travelling from overseas or you are unable to travel to Spain twice, we can do this first consultation **via Skype**, so that you can do the treatment in only one trip.

3. Selection of the donor and coordination with the recipient

a. Selection and preparation of the donor

After your visit to our Clinic, if you decide to proceed with treatment, we will immediately initiate the process to select a donor for you with your same physical characteristics and compatible blood group.



The Manzanera Fertility Centre has a large pool of donors with a broad range of phenotypes and blood types. We are confident we will find a suitable match for you. All our donors are young women (normally aged between 18 and 29 years) who are carefully screened in order to discard any genetic and serological illnesses. She will need to undergo hormonal stimulation treatment for 10 to 14 days. This process will lead to the collection of the eggs that will be fertilised for

your treatment.

We assign **one donor to each patient**, so you will receive all the collected oocytes. In case you are interested on sharing a donor with another patient, please ask about the information on that particular option.

b. Recipient's treatment

The doctor will let you know when to start taking the prescribed fertility medication that prepares your uterus for receiving the embryos. Your gynaecologist in your home country will need to monitor this process by performing 2 to 3 ultrasounds. This will help us to determine the best time for your second visit to our clinic, when embryo transfer will take place. We work with multiple gynaecologists in several countries to coordinate this phase of the treatment. At your request, we can provide the contact details of one of our partner gynaecologists in your home country.

4. Egg Collection & Embryo Transfer

A few hours after the egg collection, the donor eggs will be fertilised in our laboratory. The resulting embryos will be cultured in an incubator for 2 to 3 days, or 5 days if the embryos need to be developed to blastocyst stage. After incubation, the embryos are evaluated and the best specimens are selected for transfer to the uterus. This selection process guarantees the highest success rate.



The embryo transfer is an easy and painless procedure which takes a few minutes. It is performed with a small catheter and there is no need for an anaesthetic. In accordance with Spanish law, we are able to transfer a maximum of 3 embryos.

After the embryo transfer, we will discuss matters further with you including your post-transfer plan and any questions or queries that you may have. We recommend that you rest for a day or two in Spain before you travel home.

Where frozen or donor sperm has been used, you may need to stay in Spain for 3 – 4 days for the embryo transfer.

If you prefer to use fresh semen, the timeline will be slightly longer, approximately 7 days.

5. Pregnancy test and Post Treatment Observation



Two weeks after the embryo transfer you will need to perform a pregnancy test to determine whether you are pregnant. We look forward to receiving the good news and sharing this moment with you. We would like to keep in touch with you well beyond completion of your treatment. Remember that we are here to help and to assist you.

6. Beyond the treatment

Where there are additional good quality embryos which have not been transferred, we will freeze them for possible future fertility treatment. We will be happy to preserve these embryos for you for as long as you wish.

The frozen embryos are your responsibility. Should you and your partner decide to discontinue preservation of your embryos, you will need to provide the clinic with written confirmation of your intentions.

7. For your peace of mind: EGG DONATION EMBRYO TRANSFER CANCELLATION POLICY

We know that unexpected circumstances may require the treatment to be cancelled. For your peace of mind, we have designed a flexible cancellation policy, which covers most unforeseeable situations that may prevent you from completing the treatment process.

On the following page you will find the complete conditions of our guarantee terms for these kinds of circumstances. However, please note that it is very unlikely that any of the following events take place, and you will normally complete your first treatment without any problem.

EGG DONATION EMBRYO TRANSFER CANCELLATION POLICY

This guarantee terms apply for the Egg Donation treatment with exclusive donor (recipient of embryos obtained with donor's eggs and either partner's sperm or donor sperm). The terms of the guarantee are:

Cancellation of the embryo transfer due to medical/ technical reasons:

The Manzanera Fertility Clinic will offer a **new cycle of egg donation, without any expenses** for the patients in the following cases:

- In case that no eggs were obtained when doing the egg collection;
- If none of the obtained eggs were fertilized;
- If it was not possible to perform the embryo transfer due to the absence of viable embryos; (not except for blastocyst culture);

Furthermore, patients residing abroad, may obtain a **reimbursement up to 700€** of their travel expenses if they happen to be in Logroño in the moment when the impossibility of completing the embryo-transfer is noticed.

In order to take advantage of the assurance terms described above, patients are required to:

- Satisfy the complete cost of one Egg Donation cycle before starting the new treatment. (*)
- Follow the medical advice. The guarantee will apply only when performing the Assisted Reproduction Techniques advised by the medical team of the clinic. The medical team responsible of the treatment will give the patients the information on the treatment and the ART advised to the patients in each particular case. If the patient, after having received this information, requests a different technique of the one recommended, the guarantee will be not applied.
- In order to obtain the reimbursement of the travel expenses, it will be necessary to present copies of the invoices of flights or/and accommodation. In any case, it will be reimbursed a maximum amount of 700€.

Cancellation due to receptor schedule changes:

In case the patient cannot attend the embryo transfer appointment in our clinic due to an unexpected reason, the oocytes or embryos will be vitrified without any costs for the patient.

The embryo/oocyte vitrification and thawing will be free of charge under the following requirements:

- Satisfy the complete cost of the Egg Donation cycle. (*)
- The patient must justify the absence to the appointment on the scheduled day.
- The reason of the absence must be different to her own will; the discount will not be applied if the patient has previously required a treatment with frozen eggs or embryos.
- The clinic will freeze the embryos when this is possible; so, when the clinic disposes a sperm frozen sample of the partner, or when the eggs have to be fertilized with donor sperm. Otherwise, the oocytes will be vitrified.

(*) In case the patient is undergoing a treatment of Egg donation with donor sperm, the patient has to satisfy the correspondent cost.

* This guarantee does not cover egg donation with shared donor.